



SACRED INTIMACY SECRETS

## Code of conduct

### Boundaries & safety within sessions

**Tantra Sessions:** These sessions will only be available upon the completion of the *6 foundational cores of intimacy*, coaching or Training Programme, with a pre-interview with coach, Tamara Carter.

**What to expect:** We always explain what part of the body we will touch and why, before the session begins, and this never changes during the session.

Sacred Intimacy Secret Coaches do not have sex with clients in session or under any circumstances, either genital or oral including any kind of kissing. Our clients will not be asked after a Massage/Coaching session to commit to buying anything, due to the chemicals released during bodywork. Nudity has a reason, and **if it's** necessary for the session, is explained before the session begins with your consent and agreement.

#### **Right of admission is reserved**

At any point, in any process, a client or coach reserves the right to discontinue the session.



## Sessions & Assignments

**Coaching Sessions:** A Session may be carried out over the phone, online or in person at mutually agreed places and times during the coaching period.

**Duration of Sessions:** The duration of the sessions will be approximately 1 hour. It is expected of both parties to be on time for all sessions, whether these take place either telephonically or one-on-one.

**Session Times:** Times for coaching sessions may only be changed by you when given no less than 24 hours notice. If you cancel more than 3 Sessions during the period, Sacred Secrets may terminate this agreement on notice to you. Session may be rescheduled for an agreed time.

**Engagement of Coach:** The Sacred Secrets Coach shall provide coaching to the client during the agreed period at mutually agreed times and places. We shall use our best endeavours to make ourselves available for the entire period.

**Preparation for Sessions:** It will be expected of you, the client, to perform all home-work assignments forming part of the coaching process to enable you to perform any act or matter in the preparation for future sessions as determined during the sessions. This agreement will be terminated should you not comply with the action agreement agreed to during coaching sessions.



Reset Your  
Limiting Belief  
Systems to  
develop  
Emotional  
Intimacy



Establish  
powerful new  
Habits for  
Physical and  
Sexual Intimacy



Create deeply  
connected  
relationships and  
with your life



Clear Intimacy  
Attachment  
Wounds



Personalized  
Coaching Plan

- We will respect and preserve the privacy of all information gained from you. All activity conducted during a session will remain confidential.
- Our coaches will remain professional, respectful and responsible in attitude and conduct to all activities and relations with you and working partners. We will be reliable in agreements and hold your safety and wellbeing paramount at all times.
- We recognise the importance of consent and choice in all professional interactions with individuals and groups. At no time shall a client be required or coerced to participate in any activity against your wishes. We will inform and educate you about consent and choice and actively create environments where you are empowered to exercise those skills.
- We acknowledge the importance of maintaining and respecting agreed boundaries. Boundaries are to be discussed, agreed and set at the beginning of each session, including the process to follow if you request to change your boundaries during the session. Maintaining the agreed boundaries also includes stopping touch immediately when you request it.
- Sessions are YOU-centred and the your boundaries and choices are of primary importance. Physical or energetic touch may be suggested if deemed appropriate. If so, the touch will be done consciously and with the attitude to do no harm, with concern for the your wellbeing; for the safety of both/all parties; and to honour the agreed boundaries established.
- In all bodywork sessions we will remain clothed and all touch is unidirectional only, practitioner to you.
- We reserve the right to terminate any session if our boundaries are not respected.
- We acknowledge the importance of your physical, emotional, mental, spiritual and sexual well-being. To protect the health of both all involved, we recognise the need for risk-reduction and professional protocol in all bodywork sessions that include genital contact. Professional protocol for intimate touch includes the use of medical-grade examination gloves and quality lubricants.
- I understand the inherent inequality of power we hold relative to you in our role of practitioner and agree not to use this power for the sexual exploitation. We agree that we will not seek to meet our erotic/sexual needs through you. We are conscious that, and make you, the client conscious that, sessions will neither fulfil our own, nor your desire for romantic sexual connection.
- We agree not to have any form of romantic or sexual contact with you outside of sessions. If attraction occurs within the professional relationship, either from myself or the you, we agree to discuss the attraction with the aim of maintaining clear professional boundaries. For the protection of both parties all professional contact will cease and no personal communication will take place for a minimum six (6) month period.
- We will consider the limits of our skills and experience before accepting requests for or providing educational or instructional services to potential clients and will refuse professional work for which we are insufficiently qualified. If appropriate we may recommend another modality or practitioner.
- We will refrain from providing bodywork, training sessions and/or presenting any instructional material while either you or us are under the influence of alcohol or illegal drugs.
- We will refrain from the exploitation of professional relationships with you, whether current or past, for personal gain, whether financial, professional, emotional, sexual, or for research purposes.

This service is not available to the public and will be offered on a case by case basis

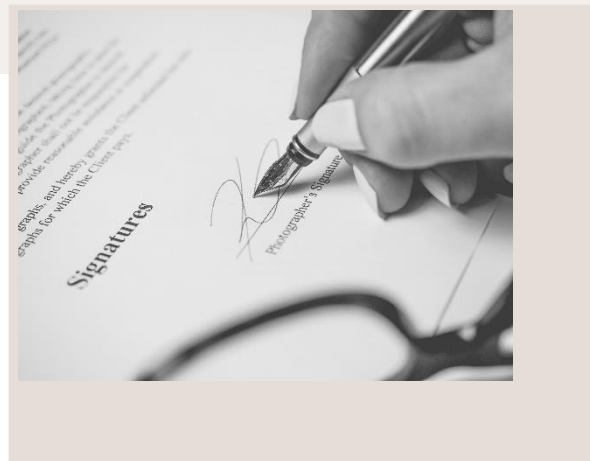
Requirements include: Completing the **6 Foundations of Intimacy** coaching or training programme and pre-interview with Tamara Carter.

**Review the programme: [www.sacredintimacysecrets.com](http://www.sacredintimacysecrets.com)**

**CONFIDENTIAL**

**Confidentiality:** As part of the coaching process, We may need to obtain your personal details or confidential material relating to you personally.

We shall use reasonable endeavours to ensure that such material shall not be disclosed to any third party without your consent! I promise to handle all matters with the necessary confidentiality and that no information will be disclosed without the consent of my client.



**Sacred Secrets' Coaches** including subsidiary companies and representatives in the form Licenced Practitioners, Coaches and/or mentors to the maximum extent allowable by law, protect the confidentiality of all clients and will not release sensitive information about the work done together between practitioner and client, without written permission by the client.

The services provided are intended for healthy, functioning individuals and couples who want to take action and make behavioural changes in the service of their goals for life, work and well being. Should some of the needs that are identified go beyond what coaching or the expertise of the Licenced coaches and/or mentors, can provide recommendations for further assistance will be provided / assisted with.

**Sacred Secrets' Coaches** including subsidiary companies representatives in the form Licenced Coaches and/or mentors will not voluntarily communicate any business / personal future plans, strategies, customer information or financial information to any third party.

To protect Sacred Secrets' Coaches including all coaching / training resources used in the process of the work being done together between the Licenced Coaches and/or mentors and the client, the client needs to agree not to disperse or re-use the resources / materials provided to them unless they have the companies' / the Licenced Practitioners, Coaches and/or mentors written permission and/or of the source of that intellectual property.

**Termination of Agreement:** Both parties may terminate this agreement before the end of the period by means of a written notice a minimum of five working days prior to the next coaching session.



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